

	19,	, 400m	, 9 - 10							
18.			14	-					6:59.60	167 1
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				6:59.60	
19.			14	-					7:00.74	166 1
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				7:00.74	
20.			14	" "					7:07.02	158 1
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				7:07.02	
21.			15						7:08.91	156 1
	50m:	48.93 48.93	150m:	2:48.23 1:02.48	250m:	4:53.78 1:02.41	350m:	6:59.39 1:00.82		
	100m:	1:45.75 56.82	200m:	3:51.37 1:03.14	300m:	5:58.57 1:04.79	400m:	7:08.91 9.52		
22.			14						7:13.61	151 1
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				7:13.61	
23.			14	-					7:15.16	150 1
	50m:	46.58 46.58	150m:	2:37.07 54.70	250m:	3:32.16 34.98	350m:	4:29.57 26.08		
	100m:	1:42.37 55.79	200m:	2:57.18 20.11	300m:	4:03.49 31.33	400m:	7:15.16 2:45.59		
24.			15						7:17.75	147 1
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				7:17.75	
25.			14	" "	" "	" "			7:29.98	135 2
	50m:	46.65 46.65	150m:	2:38.80 56.85	250m:	3:36.45 31.63	350m:	4:33.02 24.05		
	100m:	1:41.95 55.30	200m:	3:04.82 26.02	300m:	4:08.97 32.52	400m:	7:29.98 2:56.96		
26.			14	-					7:39.83	127 2
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				7:39.83	
27.			14						7:40.34	126 2
	50m:	50.90 50.90	150m:	2:46.47 58.87	250m:	4:45.22 1:00.57	350m:	6:44.46 59.16		
	100m:	1:47.60 56.70	200m:	3:44.65 58.18	300m:	5:45.30 1:00.08	400m:	7:40.34 55.88		
28.			15	" "	" "	" "			7:50.24	119 2
	50m:	47.96 47.96	150m:	2:49.91 1:01.84	250m:	4:52.63 1:01.84	350m:	6:55.58 1:00.51		
	100m:	1:48.07 1:00.11	200m:	3:50.79 1:00.88	300m:	5:55.07 1:02.44	400m:	7:50.24 54.66		
29.			14						7:56.10	114 2
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				7:56.10	
30.			15						8:00.58	111 2
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				8:00.58	
31.			15						8:08.79	105 2
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				8:08.79	
32.			14						8:11.53	104 2
	50m:	46.76 46.76	150m:	2:51.56 1:03.91	250m:	5:01.85 1:05.75	350m:	7:10.43 1:04.33		
	100m:	1:47.65 1:00.89	200m:	3:56.10 1:04.54	300m:	6:06.10 1:04.25	400m:	8:11.53 1:01.10		
33.			14						8:17.65	100 2
	50m:	47.56 47.56	150m:	2:53.57 1:06.25	250m:	4:21.54 24.41	350m:	5:35.76 32.91		
	100m:	1:47.32 59.76	200m:	3:57.13 1:03.56	300m:	5:02.85 41.31	400m:	8:17.65 2:41.89		
34.			15						8:21.59	98 2
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				8:21.59	
35.			14						8:23.43	96 2
	50m:		150m:	250m:	350m:					
	100m:		200m:	300m:	400m:				8:23.43	

19,	, 400m	, 9 - 10										
36.	,	2016	15							8:25.33	95	2
	50m:	52.72	52.72	150m:	3:04.09	1:06.79	250m:	5:14.99	1:05.25	350m:	7:28.57	1:06.62
	100m:	1:57.30	1:04.58	200m:	4:09.74	1:05.65	300m:	6:21.95	1:06.96	400m:	8:25.33	56.76
37.	,		15				" "			8:36.27	89	2
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	8:36.27	
38.	,		14							9:18.98	70	3
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	9:18.98	