

							%	PB
	" "							18
	, 2011 (13),							5
50m		12.	28.28	362	28.50	22.09.2024	102%	
100m		12.	1:03.19	357	1:03.50	22.09.2024	101%	
200m		11.	2:19.33	362	2:20.00		101%	
50m		15.	33.35	277	33.50	22.09.2024	101%	
100m		11.	1:18.80	222	1:12.00	22.09.2024	83%	
100m		22.	1:16.27	269	1:17.00	22.09.2024	102%	
	, 2011 (13),							5
50m		13.	28.38	358	29.00	22.09.2024	104%	
100m		14.	1:04.69	333	1:07.00	22.09.2024	107%	
200m		23.	2:28.80	297	2:35.00	22.09.2024	109%	
50m		8.	33.01	300	36.00	22.09.2024	119%	
100m		8.	1:14.86	269	1:15.00	22.09.2024	100%	
200m		19.	2:48.69	245	2:45.00	22.09.2024	96%	
	, 2011 (13),							5
50m		9.	29.70	460	30.00	22.09.2024	102%	
100m		5.	1:04.66	469	1:04.80	22.09.2024	100%	
200m		6.	2:21.33	475	2:26.00	22.09.2024	107%	
50m		12.	33.22	395	33.50	22.09.2024	102%	
100m		6.	1:14.24	385	1:17.00	22.09.2024	108%	
200m		6.	2:56.08	313	2:36.00	22.09.2024	78%	
	, 2011 (13),							2
50m		21.	38.04	292	39.00	22.09.2024	105%	
100m		17.	1:19.43	330	1:22.50	22.09.2024	108%	
	, 2011 (13),							-
50m		27.	31.98	368	NT		-	
100m		25.	1:10.02	369	1:09.00		97%	
200m		20.	2:35.31	358	NT		-	
800m		4.	11:02.31	374	NT		-	
50m		25.	42.93	288	NT		-	
100m		31.	1:37.63	260	NT		-	
	, 2011 (13),							1
100m		32.	1:08.24	283	1:06.00	22.09.2024	94%	
50m		12.	33.01	286	33.00	22.09.2024	100%	
100m		14.	1:13.68	299	1:17.00	22.09.2024	109%	
200m		7.	2:43.61	300	2:40.00	22.09.2024	96%	
	" " -							13
	, 2011 (13),							5
50m		62.	32.41	240	34.00		110%	
50m		19.	36.01	231	36.50		103%	
100m		13.	1:16.07	256	1:18.00		105%	
200m		11.	2:43.72	268	2:45.00		102%	
100m		55.	1:22.53	212	1:25.00		106%	
	, 2011 (13),							2
50m		39.	33.05	333	34.00		106%	
50m		19.	37.63	302	37.00		97%	
100m		16.	1:19.37	330	1:19.00		99%	
200m		17.	2:53.43	322	2:50.00		96%	
100m		45.	1:24.94	294	1:28.00		107%	
	, 2013 (11),							1
100m		37.	1:13.59	318	1:10.00		90%	
800m		5.	11:09.40	362	11:30.00		106%	
50m		26.	37.62	272	35.00		87%	
100m		17.	1:27.30	237	1:21.00		86%	
200m		12.	3:16.56	225	3:10.00		93%	
100m		43.	1:24.53	298	1:22.00		94%	
200m		20.	2:58.67	317	2:50.00		91%	
	, 2011 (13),							3
50m		37.	32.83	340	31.00		89%	
100m		38.	1:13.84	315	1:15.00		103%	
50m		24.	38.45	283	40.00		108%	
50m		28.	43.70	273	42.00		92%	
100m		41.	1:23.78	306	1:27.00		108%	
	, 2012 (12),							2
50m		22.	31.11	400	31.00		99%	
100m		28.	1:11.23	351	1:12.00		102%	
200m		19.	2:35.16	359	2:35.00		100%	
50m		25.	38.54	281	37.00		92%	
100m		21.	1:20.72	314	1:17.00		91%	
100m		33.	1:20.74	342	1:22.00		103%	

	, 2012 (12),								4
100m		27.	1:11.11	352	1:13.80			108%	
50m		18.	35.48	324	35.50			100%	
100m		11.	1:19.35	316	1:21.00			104%	
100m		37.	1:22.23	324	1:24.10			105%	
									53
	, 2012 (12),								3
400m		13.	5:45.99	298	6:02.12			110%	
800m		13.	11:55.34	297	12:00.35			101%	
1500m		5.	23:00.39	284	25:07.00			119%	
	, 2011 (13),								2
50m		3.	31.11	358	30.00			93%	
100m		3.	1:06.31	387	1:07.00			102%	
200m		2.	2:23.53	398	2:25.00			102%	
	, 2011 (13),								-
50m		78.	34.27	203	32.00			87%	
100m		79.	1:17.14	196	1:15.00			95%	
200m		69.	2:51.94	193	2:42.00			89%	
400m		31.	6:06.46	194	5:50.00			91%	
50m		20.	36.33	214	36.00			98%	
	, 2012 (12),								2
400m		16.	5:28.90	268	5:40.00			107%	
800m				-	11:45.00			-	
1500m		11.	22:32.00	245	23:00.00			104%	
	, 2011 (13),								4
400m		1.	4:52.90	380	5:00.00			105%	
800m				-	NT			-	
1500m		2.	19:29.90	379	20:37.00			112%	
50m		4.	30.31	369	32.05			112%	
100m		5.	1:09.63	323	1:14.07			113%	
200m		3.	2:42.44	284	2:40.00			97%	
	, 2011 (13),								3
50m		26.	42.96	287	44.00			105%	
100m		29.	1:35.64	277	1:40.00			109%	
200m		28.	3:29.16	266	3:35.00			106%	
	, 2011 (13),								2
50m		37.	30.60	285	31.00			103%	
100m		46.	1:09.77	265	1:10.00			101%	
200m		59.	2:41.06	234	2:38.00			96%	
400m		27.	5:58.15	208	5:45.00			93%	
	, 2011 (13),								5
50m		15.	30.68	417	32.00			109%	
100m		17.	1:08.01	403	1:11.61			111%	
200m		13.	2:28.29	411	2:37.00			112%	
400m		7.	5:22.43	369	5:36.00			109%	
800m		7.	11:17.96	349	12:00.00			113%	
	, 2013 (11),								-
50m		51.	39.59	194	36.00			83%	
100m		54.	1:29.03	179	1:18.00			77%	
200m		34.	3:22.64	161	2:50.00			70%	
50m		33.	44.07	188	40.00			82%	
100m		32.	1:33.55	201	1:30.00			93%	
	, 2012 (12),								5
800m		6.	11:16.80	351	11:40.00			107%	
50m		6.	32.31	429	33.38			107%	
100m		5.	1:14.12	387	1:19.72			116%	
200m		10.	3:13.99	234	2:56.00			82%	
100m		16.	1:15.83	413	1:19.03			109%	
200m		8.	2:43.10	417	2:50.41			109%	
	, 2011 (13),								5
50m		60.	31.99	250	32.99			106%	
100m		40.	1:09.11	273	1:11.00			106%	
800m				-	11:41.95			-	
50m		24.	42.03	209	43.11			105%	
100m		29.	1:35.55	193	1:35.91			101%	
200m		19.	2:54.60	247	3:10.00			118%	
	, 2012 (12),								2
100m		44.	1:16.86	279	1:19.12			106%	
200m		29.	3:33.24	251	3:40.35			107%	
	, 2011 (13),								5
100m		50.	1:10.15	261	1:11.48			104%	
50m		12.	35.09	250	36.13			106%	
100m		12.	1:16.02	256	1:17.93			105%	
200m		9.	2:42.66	273	2:49.37			108%	
100m		54.	1:22.50	213	1:23.14			102%	

	, 2011 (13),						4
50m		8.	37.85	286	NT	-	
100m		4.	1:20.99	317	1:28.00	118%	
200m		6.	2:56.25	316	3:04.00	109%	
100m		26.	1:17.48	257	1:23.00	115%	
200m		11.	2:48.17	277	2:50.00	102%	
400m		3.	6:10.16	255	6:00.00	95%	
	, 2011 (13),						5
200m		12.	2:27.93	414	2:36.31	112%	
400m		9.	5:24.65	361	5:36.00	107%	
50m		8.	34.06	407	34.95	105%	
100m		7.	1:13.35	419	1:16.00	107%	
200m		7.	2:40.48	407	2:43.38	104%	
	, 2011 (13),						-
50m		34.	30.47	289	30.00	97%	
100m		45.	1:09.67	266	1:04.00	84%	
200m		36.	2:35.05	263	2:28.00	91%	
400m		20.	5:33.69	257	5:20.00	92%	
	, 2011 (13),						4
50m		17.	30.85	410	31.00	101%	
100m		20.	1:08.52	394	1:09.00	101%	
200m		16.	2:32.44	378	2:35.00	103%	
400m		10.	5:24.80	361	5:30.00	103%	
100m		23.	1:21.65	303	1:21.00	98%	
200m		19.	2:55.25	312	2:52.00	96%	
	, 2012 (12),						2
200m		3.	2:20.05	488	2:19.00	99%	
400m		3.	5:02.09	448	4:49.00	92%	
50m		3.	32.19	482	31.00	93%	
100m		2.	1:08.07	524	1:09.70	105%	
200m		1.	2:25.47	546	2:28.00	104%	
	, 2011 (13),						39
50m		39.	30.65	284	32.00	109%	3
100m		35.	1:08.71	277	1:14.00	116%	
50m		27.	38.09	186	36.00	89%	
100m		38.	1:19.52	238	1:25.00	114%	
	, 2011 (13),						5
50m		10.	34.63	260	36.10	109%	
100m		11.	1:15.82	258	1:18.33	107%	
200m		21.	2:48.91	244	3:22.00	143%	
100m		28.	1:17.50	257	1:20.00	107%	
200m		27.	3:02.88	215	3:04.58	102%	
	, 2011 (13),						3
50m		32.	30.38	292	33.00	118%	
100m		21.	1:06.11	312	1:08.00	106%	
100m		40.	1:19.82	235	1:30.00	127%	
	, 2011 (13),						2
100m		52.	1:10.49	257	1:11.50	103%	
200m		54.	2:38.93	244	2:37.00	98%	
800m				-	11:30.00	-	
100m		61.	1:23.13	208	1:21.00	95%	
200m		18.	2:54.49	248	2:55.50	101%	
	, 2011 (13),						2
200m		7.	2:56.89	313	2:50.00	92%	
50m		16.	33.68	269	35.00	108%	
100m		23.	1:16.69	265	1:20.00	109%	
	, 2011 (13),						4
50m		29.	30.34	293	31.00	104%	
800m				-	11:30.00	-	
50m		7.	32.96	301	34.00	106%	
100m		5.	1:11.08	314	1:12.00	103%	
200m		5.	2:35.77	311	2:48.00	116%	
	, 2012 (12),						4
50m		13.	30.59	421	32.00	109%	
100m		13.	1:07.32	415	1:09.00	105%	
200m		11.	2:27.90	414	2:45.00	124%	
50m		21.	35.87	313	35.00	95%	
100m		20.	1:17.52	387	1:23.00	115%	
	, 2011 (13),						5
50m		6.	27.65	387	29.00	110%	
100m		6.	1:00.82	400	1:04.00	111%	
50m		3.	30.13	376	33.00	120%	
100m		3.	1:09.11	330	1:15.00	118%	
100m		7.	1:10.89	335	1:16.00	115%	

68

5

, , 2012 (12),

50m	13.	34.75	383	36.52	110%
100m	12.	1:15.04	391	1:18.27	109%
200m	11.	2:43.62	384	2:49.00	107%
50m	17.	34.69	347	35.99	108%
100m	16.	1:23.56	270	1:28.80	113%
200m	13.	3:21.02	210	2:59.00	79%

6

, , 2011 (13),

50m	5.	32.83	454	33.34	103%
100m	4.	1:10.73	467	1:13.41	108%
200m	4.	2:37.20	433	2:37.36	100%
100m	8.	1:13.55	453	1:19.29	116%
200m	12.	2:46.49	392	2:57.03	113%
400m	5.	5:54.92	388	5:59.00	102%

5

, , 2011 (13),

50m	38.	30.62	285	32.26	111%
100m	28.	1:07.43	294	1:10.07	108%
50m	18.	35.78	235	37.02	107%
100m	10.	1:15.80	259	1:19.19	109%
200m	24.	2:50.68	237	2:56.00	106%
100m	25.	1:17.14	260	1:15.00	95%

6

, , 2011 (13),

400m	17.	6:03.48	257	6:10.00	104%
800m	15.	12:39.45	248	13:00.00	105%
1500m	6.	23:51.93	255	24:59.99	110%
50m	30.	44.15	265	46.12	109%
100m	30.	1:36.45	270	1:42.39	113%
200m	23.	3:21.97	295	3:40.23	119%

5

, , 2011 (13),

50m	57.	31.80	254	35.15	122%
100m	37.	1:08.88	275	1:12.37	110%
200m	28.	2:31.21	283	2:48.84	125%
400m	11.	5:18.37	296	5:34.00	110%
800m			-	11:49.80	-
1500m	6.	20:52.68	308	22:55.00	120%

4

, , 2013 (11),

50m	45.	34.26	299	35.23	106%
100m	40.	1:14.61	305	1:20.47	116%
200m	26.	2:42.49	312	2:40.00	97%
50m	23.	38.19	289	38.27	100%
100m	20.	1:20.50	317	1:26.74	116%

4

, , 2011 (13),

50m	8.	38.88	388	41.01	111%
100m	9.	1:22.97	424	1:29.25	116%
200m	6.	2:55.33	452	3:11.10	119%
100m	26.	1:19.37	360	1:32.23	135%

6

, , 2012 (12),

50m	14.	34.89	379	35.97	106%
100m	11.	1:14.35	402	1:19.25	114%
200m	9.	2:42.21	394	2:50.30	110%
50m	11.	39.17	379	43.31	122%
100m	18.	1:26.65	372	1:30.90	110%
200m	9.	3:00.98	411	3:16.23	118%

3

, , 2012 (12),

50m	25.	31.60	382	31.66	100%
100m	26.	1:10.42	363	1:09.97	99%
200m	18.	2:34.07	367	2:38.08	105%
50m	23.	36.57	296	37.78	107%
100m	18.	1:30.24	214	1:29.30	98%
200m	15.	3:28.90	187	3:20.00	92%

6

, , 2011 (13),

50m	33.	32.38	355	34.34	112%
100m	35.	1:13.05	325	1:15.00	105%
200m	24.	2:40.82	322	2:49.13	111%
400m	14.	5:47.34	295	5:59.46	107%
800m	11.	11:46.96	307	11:59.00	103%
1500m	4.	22:40.08	297	22:49.00	101%

4

, , 2011 (13),

50m	13.	33.72	377	33.25	97%
100m	12.	1:19.37	315	1:24.09	112%
200m	8.	3:08.51	255	3:21.17	114%
100m	32.	1:20.15	350	1:20.00	100%
200m	16.	2:52.84	350	2:56.88	105%
400m	8.	6:14.96	329	6:35.81	111%

4

, , 2011 (13),

50m	42.	30.98	275	34.55	124%
100m	49.	1:10.04	262	1:11.97	106%
400m	14.	5:26.17	275	5:30.00	102%

800m			-	11:48.27	-	
1500m	9.	21:38.97	277	21:29.00	98%	
100m	41.	1:19.95	234	1:27.42	120%	
, , 2012 (12) ,						
100m	44.	1:16.86	279	1:33.74	149%	5
200m	30.	2:50.56	270	3:49.08	180%	
400m	15.	5:59.81	265	5:59.00	100%	
800m	14.	12:12.70	276	12:15.00	101%	
1500m	7.	24:02.34	249	24:58.00	108%	
200m	24.	3:22.22	294	3:38.93	117%	
, , 2013 (11) ,						
50m	46.	34.38	296	36.22	111%	5
100m	46.	1:17.30	274	1:18.13	102%	
200m	25.	2:42.24	314	2:40.00	97%	
400m	12.	5:41.89	309	7:10.30	158%	
800m	12.	11:48.33	306	12:41.52	116%	
1500m	3.	22:16.67	313	22:30.00	102%	
" " , , 2011 (13) ,						
200m	20.	3:16.09	323	3:20.00	104%	2
, , 2012 (12) ,						
200m	21.	3:11.36	247	3:13.00	102%	1
" " , , 2012 (12) ,						
200m	67.	2:48.56	204	2:55.00	108%	47
400m	26.	5:51.83	219	5:59.30	104%	5
800m			-	13:12.60	-	
1500m	12.	23:05.71	228	26:31.70	132%	
50m	37.	43.99	126	38.34	76%	
50m	39.	47.07	148	51.30	119%	
100m	77.	1:31.79	154	1:32.50	102%	
, , 2011 (13) ,						
50m	1.	25.19	512	24.65	96%	5
100m	1.	55.93	515	56.70	103%	
200m	1.	2:04.83	504	2:06.00	102%	
50m	1.	29.17	435	30.20	107%	
100m	1.	1:04.00	430	1:05.20	104%	
200m	3.	2:24.11	393	2:35.00	116%	
100m	1.	1:05.24	430	1:05.20	100%	
, , 2012 (12) ,						
50m	12.	34.61	388	36.00	108%	5
50m	6.	38.36	404	40.00	109%	
100m	11.	1:23.65	414	1:30.00	116%	
100m	10.	1:13.60	452	1:17.50	111%	
200m	14.	2:50.27	366	2:51.00	101%	
, , 2013 (11) ,						
800m	10.	11:46.65	308	12:20.00	110%	5
50m	9.	34.13	404	34.86	104%	
100m	10.	1:13.73	412	1:16.57	108%	
200m	5.	2:38.59	421	2:47.46	111%	
100m	14.	1:15.19	424	1:19.74	112%	
200m	19.	2:56.01	331	2:53.00	97%	
, , 2011 (13) ,						
200m	22.	2:28.34	300	2:25.00	96%	2
400m	3.	5:08.63	325	5:25.00	111%	
800m		10:30.95	347	10:55.52	108%	
1500m	3.	20:00.12	351	20:00.00	100%	
100m	52.	1:22.23	215	1:20.00	95%	
, , 2012 (12) ,						
50m	24.	29.88	307	29.70	99%	1
100m	20.	1:05.91	314	1:07.20	104%	
200m	14.	2:24.43	325	2:20.00	94%	
, , 2013 (11) ,						
50m	83.	35.45	183	35.50	100%	4
100m	80.	1:17.47	193	1:11.01	84%	
200m	66.	2:46.53	212	2:50.81	105%	
400m	22.	5:45.83	231	6:00.00	108%	
800m			-	12:30.00	-	
50m	38.	46.93	150	50.00	114%	
100m	32.	1:41.16	163	1:41.09	100%	
, , 2011 (13) ,						
100m	6.	1:21.88	441	1:26.00	110%	5
50m	2.	31.30	472	30.90	97%	
100m	2.	1:10.35	453	1:10.60	101%	
200m	3.	2:41.66	405	2:41.90	100%	
100m	3.	1:12.45	474	1:14.60	106%	

200m		2.	2:36.93	468	2:38.60	102%	2
50m	, , 2011 (13) ,	86.	36.44	169	34.60	90%	
100m		86.	1:22.56	160	1:21.00	96%	
200m		71.	2:55.39	181	3:06.00	112%	
800m				-	13:10.00	-	
100m		79.	1:34.81	140	1:43.00	118%	5
50m	, , 2012 (12) ,	31.	32.24	359	33.80	110%	
200m		15.	2:31.49	386	2:28.00	95%	
400m		11.	5:27.68	351	6:20.00	134%	
800m		8.	11:19.74	346	11:40.00	106%	
100m		38.	1:22.43	322	1:35.00	133%	
200m		18.	2:54.44	340	3:08.40	117%	
50m	, , 2013 (11) ,	45.	31.05	273	30.50	96%	3
200m		26.	2:30.32	288	2:30.00	100%	
400m		6.	5:10.95	318	5:34.15	115%	
800m			10:33.31	343	11:11.20	112%	
1500m		8.	20:59.33	304	22:30.00	115%	
50m	, , 2011 (13) ,	3.	29.04	492	29.01	100%	5
100m		1.	1:01.98	532	1:03.17	104%	
200m		1.	2:14.69	549	2:16.70	103%	
400m		1.	4:48.73	514	4:49.00	100%	
100m		5.	1:11.74	447	1:16.00	112%	
100m		9.	1:13.58	452	1:15.00	104%	
50m	, . . . , 2011 (13) ,	16.	28.77	344	29.00	102%	40
100m		11.	1:03.01	360	1:03.00	100%	1
800m			10:05.25	393	10:00.00	98%	
100m		9.	1:11.66	325	1:10.50	97%	
50m	, , 2012 (12) ,	10.	34.14	404	32.30	90%	-
100m		6.	1:13.03	424	1:11.00	95%	
200m		6.	2:39.30	416	2:37.00	97%	
50m		10.	32.73	413	32.30	97%	
100m		10.	1:18.46	326	1:14.00	89%	
50m	, , 2011 (13) ,	29.	32.14	363	31.00	93%	1
100m		28.	1:11.23	351	1:10.00	97%	
50m		15.	36.41	333	37.45	106%	
100m		19.	1:19.70	326	1:19.00	98%	
50m	, , 2011 (13) ,	23.	29.82	308	30.00	101%	3
100m		15.	1:04.99	328	1:04.00	97%	
200m		10.	2:18.75	367	2:18.00	99%	
100m		6.	1:12.61	294	1:14.00	104%	
200m		6.	2:37.32	302	2:43.00	107%	
50m	, , 2012 (12) ,	30.	30.35	293	30.00	98%	-
100m		38.	1:08.94	275	1:08.00	97%	
200m		20.	2:27.64	304	2:24.00	95%	
100m		35.	1:18.71	245	1:16.50	94%	
50m	, , 2012 (12) ,	41.	33.31	326	33.00	98%	-
50m		22.	38.07	291	37.00	94%	
200m		18.	2:54.74	315	2:50.00	95%	
100m		40.	1:22.91	316	1:21.00	95%	
50m	, , 2011 (13) ,	10.	28.02	372	28.40	103%	3
100m		7.	1:01.42	389	1:02.50	104%	
200m		5.	2:13.92	408	2:10.50	95%	
800m			9:38.24	450	9:50.00	104%	
100m		5.	1:10.31	344	1:09.50	98%	
50m	, , 2012 (12) ,	26.	37.82	199	37.00	96%	2
100m		28.	1:20.44	216	1:22.00	104%	
200m		28.	2:53.47	225	2:53.00	99%	
100m		53.	1:22.27	214	1:23.00	102%	
50m	, , 2011 (13) ,	9.	31.27	336	32.00	105%	1
100m		6.	1:11.44	299	1:09.00	93%	
200m		5.	2:45.65	268	2:45.00	99%	

	, , 2011 (13),							1
50m		3.	36.77	312	36.00		96%	
100m		5.	1:21.34	313	1:23.00		104%	
200m		8.	2:57.33	311	2:55.00		97%	
	, , 2011 (13),							2
50m		14.	28.50	353	28.90		103%	
100m		18.	1:05.47	321	1:03.00		93%	
200m		17.	2:26.63	311	2:16.00		86%	
50m		6.	32.94	302	34.00		107%	
	, , 2012 (12),							2
100m		29.	1:28.11	241	1:30.00		104%	
100m		28.	1:34.25	289	1:35.00		102%	
200m		25.	3:22.40	293	2:35.00		59%	
	, , 2012 (12),							3
50m		25.	36.95	214	36.50		98%	
100m		19.	1:17.62	241	1:19.00		104%	
200m		12.	2:44.32	265	2:45.00		101%	
100m		43.	1:20.44	229	1:22.00		104%	
	, , 2012 (12),							-
50m		22.	36.53	221	36.50		100%	
100m		23.	1:19.71	222	1:19.00		98%	
200m		27.	2:53.17	226	2:45.00		91%	
	, , 2012 (12),							-
50m		28.	32.12	363	31.00		93%	
50m		17.	40.15	352	40.00		99%	
100m		14.	1:25.91	382	1:24.00		96%	
200m		12.	3:06.22	377	3:05.00		99%	
50m		19.	35.75	317	34.00		90%	
	, , 2011 (13),							2
50m		33.	30.43	290	30.01		97%	
100m		27.	1:07.22	296	1:06.00		96%	
200m		13.	2:24.10	327	2:23.00		98%	
400m		5.	5:09.60	322	5:10.00		100%	
800m			10:27.63	352	10:30.00		101%	
100m		24.	1:17.06	261	1:15.00		95%	
	, , 2011 (13),							-
50m		5.	29.37	475	29.30		100%	
100m		4.	1:04.42	474	1:03.60		97%	
100m		11.	1:13.61	452	1:13.00		98%	
200m		6.	2:40.04	441	2:40.00		100%	
	, , 2012 (12),							2
50m		23.	31.21	396	31.00		99%	
100m		14.	1:07.53	412	1:07.00		98%	
100m		18.	1:19.54	328	1:20.00		101%	
200m		14.	2:51.52	333	2:47.00		95%	
100m		22.	1:18.20	377	1:19.00		102%	
	, , 2011 (13),							2
50m		11.	35.08	250	34.80		98%	
100m		9.	1:15.12	266	1:15.50		101%	
200m		8.	2:41.75	278	2:45.00		104%	
	, , 2012 (12),							5
100m		59.	1:12.22	239	1:15.00		108%	
50m		17.	39.68	248	41.00		107%	
100m		16.	1:27.29	253	1:28.00		102%	
100m		36.	1:19.00	242	1:21.00		105%	
200m		16.	2:51.80	259	2:57.00		106%	
	, , 2011 (13),							3
50m		4.	27.42	397	28.00		104%	
100m		9.	1:01.87	380	1:02.00		100%	
100m		8.	1:11.27	330	1:12.00		102%	
	, , 2012 (12),							4
50m		13.	35.20	247	35.50		102%	
100m		16.	1:16.65	250	1:20.00		109%	
200m		15.	2:46.67	254	2:49.00		103%	
100m		37.	1:19.35	239	1:21.00		104%	
	, , 2012 (12),							3
50m		11.	38.72	267	39.70		105%	
100m		8.	1:24.26	282	1:25.50		103%	
200m		9.	2:59.90	297	2:58.00		98%	
100m		27.	1:17.49	257	1:21.00		109%	
	, , 2012 (12),							3
50m		26.	29.93	305	29.00		94%	
100m		41.	1:09.12	273	1:09.00		100%	
200m		21.	2:28.24	301	2:35.00		109%	
800m				-	11:30.00		-	
50m		21.	36.51	211	37.00		103%	

									1
50m		35.	30.49	289	29.00			90%	
50m		16.	39.53	251	37.50			90%	
200m		11.	3:03.58	280	2:55.00			91%	
100m		33.	1:18.47	247	1:16.00			94%	
200m		14.	2:50.46	266	2:55.00			105%	
									3
50m		27.	39.27	265	38.00			94%	1
100m		25.	1:22.57	293	1:21.00			96%	
200m		16.	2:53.21	323	2:58.00			106%	
									-
50m		7.	29.67	461	29.30			98%	
100m		10.	1:04.78	466	1:03.00			95%	
200m		7.	2:21.56	473	2:18.00			95%	
50m		4.	31.82	449	31.00			95%	
100m		8.	1:15.33	369	1:10.00			86%	
200m		5.	2:54.10	324	2:40.00			84%	
									2
50m		66.	32.89	230	30.30			85%	
100m		64.	1:13.18	230	1:14.00			102%	
200m		62.	2:43.81	223	2:45.00			101%	
50m		22.	40.95	226	38.00			86%	
100m		24.	1:31.57	220	1:25.00			86%	
200m		17.	3:09.90	253	3:09.00			99%	
									10
100m		27.	1:34.21	290	1:37.36			107%	1
									3
50m		23.	36.73	218	37.00			101%	
100m		26.	1:19.99	220	1:23.00			108%	
200m		26.	2:52.79	228	3:12.00			123%	
									6
50m		19.	40.47	234	43.38			115%	
100m		11.	1:25.39	271	1:28.00			106%	
200m		10.	3:02.01	287	3:17.00			117%	
100m		48.	1:21.77	218	1:23.00			103%	
200m		15.	2:51.12	262	3:05.00			117%	
400m		5.	6:16.07	243	6:34.00			110%	
									33
100m		65.	1:13.21	229	1:13.00			99%	1
200m		43.	2:36.59	255	2:35.00			98%	
400m		15.	5:28.88	268	5:45.00			110%	
800m				-	11:30.00			-	
1500m		10.	21:59.80	264	21:00.00			91%	
									1
50m		71.	33.11	225	32.20			95%	
100m		54.	1:11.18	249	1:10.70			99%	
200m		38.	2:35.81	259	2:34.50			98%	
400m		19.	5:31.83	261	5:34.00			101%	
800m				-	11:25.00			-	
50m		32.	41.24	146	39.00			89%	
100m		65.	1:25.29	192	1:18.00			84%	
									3
400m		30.	6:00.51	204	5:50.00			94%	
50m		13.	38.85	264	42.50			120%	
100m		7.	1:23.48	290	1:27.00			109%	
200m		12.	3:03.90	278	3:05.00			101%	
200m		13.	2:50.41	266	2:50.00			100%	
									3
50m		65.	32.78	232	32.00			95%	
100m		53.	1:10.55	256	1:13.00			107%	
200m		33.	2:33.65	270	2:35.00			102%	
400m		13.	5:25.63	276	4:32.00			70%	
800m				-	11:25.00			-	
50m		31.	40.64	153	38.00			87%	
100m		45.	1:20.79	226	1:21.00			101%	
									-
50m		91.	38.01	149	37.00			95%	
100m		88.	1:25.12	146	1:18.00			84%	
200m		72.	2:58.03	173	2:55.00			97%	
400m		32.	6:06.77	193	6:06.00			100%	
800m				-	12:25.00			-	

	, 2011 (13),							6
50m		21.	29.65	314	30.20		104%	
100m		17.	1:05.34	323	1:06.50		104%	
200m		12.	2:23.66	330	2:25.00		102%	
400m		2.	5:03.76	341	5:45.00		129%	
800m			10:42.34	328	11:00.00		106%	
100m		17.	1:15.25	280	1:16.00		102%	
200m		6.	2:41.39	313	2:40.00		98%	
, 2011 (13),								
5								
50m		56.	31.71	256	32.00		102%	
100m		34.	1:08.64	278	1:08.00		98%	
200m		15.	2:25.18	320	2:29.00		105%	
400m		4.	5:09.18	323	5:13.00		102%	
800m			10:31.72	345	10:45.00		104%	
1500m		4.	20:07.73	344	21:00.00		109%	
, 2012 (12),								
1								
50m		74.	33.63	215	33.50		99%	
100m		68.	1:14.10	221	1:16.00		105%	
200m		64.	2:45.40	216	2:45.00		100%	
50m		36.	46.54	154	43.00		85%	
100m		31.	1:40.08	168	1:37.00		94%	
100m		67.	1:25.82	189	1:25.00		98%	
, 2013 (11),								
3								
200m		56.	2:39.59	241	2:46.00		108%	
400m		17.	5:30.06	265	5:45.00		109%	
800m			11:32.44	262	11:03.00		92%	
50m		31.	39.29	178	36.80		88%	
100m		24.	1:19.84	221	1:17.50		94%	
200m		14.	2:46.09	257	2:48.00		102%	
100m		47.	1:21.39	221	1:20.00		97%	
, 2012 (12),								
1								
50m		51.	31.56	260	31.00		96%	
100m		22.	1:06.27	309	1:06.00		99%	
200m		27.	2:30.47	288	2:29.00		98%	
400m		10.	5:17.98	297	5:16.00		99%	
800m			11:05.60	295	11:00.00		98%	
100m		15.	1:16.51	252	1:16.50		100%	
200m		17.	2:47.73	249	2:45.00		97%	
100m		16.	1:14.60	288	1:16.00		104%	
, 2011 (13),								
6								
50m		59.	31.98	250	34.00		113%	
100m		61.	1:12.76	234	1:14.20		104%	
200m		58.	2:40.44	237	2:45.00		106%	
400m		24.	5:49.71	223	6:03.00		108%	
800m			-	-	12:30.00		-	
100m		66.	1:25.31	192	1:33.00		119%	
200m		25.	3:01.69	219	3:08.00		107%	
, 2012 (12),								
3								
50m		53.	31.65	258	31.60		100%	
100m		51.	1:10.41	258	1:09.60		98%	
200m		40.	2:35.95	258	2:40.00		105%	
400m		21.	5:40.62	241	5:48.00		104%	
800m			-	-	12:20.00		-	
100m		60.	1:23.02	209	1:26.00		107%	
" "								
5								
, 2013 (11),								
2								
50m		50.	36.11	256	36.00	23.09.2024	99%	
800m		16.	14:03.86	181	13:30.00	23.09.2024	92%	
100m		21.	1:39.11	162	1:40.00		102%	
200m		17.	3:42.40	155	3:35.00	23.09.2024	93%	
100m		54.	1:31.69	234	1:35.00	22.09.2024	107%	
400m		10.	7:19.33	204	7:17.00	22.09.2024	99%	
, 2013 (11),								
3								
800m		17.	14:13.13	175	13:20.00	22.09.2024	88%	
50m		31.	41.40	226	40.00	22.09.2024	93%	
100m		30.	1:29.16	233	1:31.00	22.09.2024	104%	
200m		22.	3:11.80	238	3:17.00	22.09.2024	105%	
100m		56.	1:33.43	221	1:35.00	22.09.2024	103%	
" "								
5								
, 2011 (13),								
5								
50m		18.	28.94	338	31.00		115%	
50m		2.	30.02	380	32.00		114%	
100m		2.	1:08.19	344	1:20.00		138%	
200m		2.	2:41.83	287	4:00.00		220%	
100m		11.	1:12.82	309	1:17.00		112%	
" "								
17								

										2
400m		4.	5:05.70	433	5:00.00			96%		
800m		1.	10:18.70	459	10:35.00			105%		
100m		23.	1:18.36	375	1:17.00			97%		
200m		9.	2:43.54	413	2:40.00			96%		
400m		2.	5:34.08	465	5:45.00			107%		
										1
50m		12.	38.82	265	40.00			106%		
100m		18.	1:27.79	249	1:25.00			94%		
200m		15.	3:08.58	258	3:05.00			96%		
										-
50m		50.	31.55	260	31.00			97%		
100m		60.	1:12.39	237	1:10.00			94%		
200m		47.	2:37.71	250	2:30.00			90%		
										4
50m		9.	27.90	377	27.50			97%		
50m		2.	30.25	390	31.00			105%		
100m		2.	1:04.50	420	1:08.00			111%		
200m		1.	2:20.53	424	2:21.00			101%		
50m		7.	30.99	345	30.50			97%		
100m		4.	1:09.95	349	1:10.00			100%		
										-
50m		5.	27.59	390	26.50			92%		
100m		3.	59.82	421	57.50			92%		
200m		4.	2:13.87	408	2:09.00			93%		
50m		4.	36.79	311	35.50			93%		
100m		6.	1:21.38	313	1:17.00			90%		
200m		5.	2:55.92	318	2:40.00			83%		
										2
50m		76.	34.03	207	35.00			106%		
100m		69.	1:14.18	220	1:12.00			94%		
200m		53.	2:38.65	245	2:40.00			102%		
										-
50m		77.	34.08	207	32.00			88%		
100m		62.	1:12.83	233	1:12.00			98%		
200m		41.	2:36.08	258	2:35.00			99%		
50m		33.	43.57	187	42.00			93%		
100m		30.	1:36.26	189	1:27.00			82%		
										-
50m		54.	31.70	257	31.00			96%		
100m		71.	1:15.12	212	1:10.00			87%		
200m		42.	2:36.34	256	2:30.00			92%		
										3
50m		19.	41.15	327	42.00			104%		
100m		22.	1:29.99	332	1:32.00			105%		
200m		16.	3:10.94	350	3:20.00			110%		
										2
50m		30.	32.15	362	32.00			99%		
100m		24.	1:09.89	371	1:12.00			106%		
200m		17.	2:33.90	368	2:40.00			108%		
50m		25.	36.97	286	36.50			97%		
										1
50m		8.	32.43	424	31.00			91%		
100m		3.	1:10.97	441	1:10.00			97%		
200m		1.	2:36.88	443	2:40.00			104%		
100m		12.	1:13.84	448	1:10.00			90%		
200m		4.	2:38.99	450	2:36.00			96%		
400m		3.	5:42.35	432	5:30.00			93%		
										-
50m		2.	28.89	499	28.50			97%		
100m		3.	1:03.52	495	1:03.00			98%		
200m		4.	2:20.19	487	2:19.00			98%		
50m		18.	40.59	341	38.00			88%		
100m		12.	1:24.72	398	1:22.00			94%		
200m		13.	3:06.86	373	2:55.00			88%		
										2
50m		54.	31.70	257	31.00			96%		
100m		39.	1:09.04	273	1:10.00			103%		
200m		25.	2:29.94	291	2:30.00			100%		
										-
50m		28.	30.15	298	29.00			93%		
100m		42.	1:09.26	271	1:07.00			94%		
200m		52.	2:38.41	246	2:30.00			90%		

/

	, 2012 (12),								3
50m		27.	42.18	206	44.00			109%	
100m		49.	1:21.97	217	1:24.00			105%	
200m		24.	2:59.49	227	3:00.00			101%	
	, 2011 (13),								4
50m		1.	31.25	474	32.00			105%	
100m		1.	1:10.28	454	1:14.00			111%	
200m		4.	2:42.23	400	2:40.00			97%	
100m		17.	1:16.10	409	1:19.00			108%	
200m		10.	2:44.00	410	2:48.00			105%	
400m		7.	6:00.84	369	5:59.90			99%	
	, 2013 (11),								3
50m		40.	33.06	333	36.00			119%	
100m		41.	1:14.71	304	1:15.00			101%	
200m		28.	2:46.57	290	2:35.00			87%	
400m		6.	5:12.34	406	5:15.00			102%	
200m		25.	3:06.21	280	3:05.00			99%	
	, 2012 (12),								2
50m		24.	36.87	289	38.00			106%	
100m		20.	1:32.45	199	1:29.00			93%	
200m		14.	3:26.47	194	3:20.00			94%	
200m		24.	3:02.02	300	3:05.00			103%	
	, 2011 (13),								6
50m		19.	30.92	407	36.00			136%	
100m		23.	1:09.83	372	1:15.00			115%	
200m		21.	2:35.41	357	2:40.00			106%	
50m		6.	33.76	418	37.00			120%	
100m		8.	1:13.57	415	1:17.00			110%	
200m		8.	2:40.97	403	2:47.00			108%	
	, 2012 (12),								3
800m		9.	11:21.16	344	11:40.00			106%	
50m		22.	41.81	312	44.00			111%	
100m		23.	1:31.90	312	1:28.00			92%	
200m		18.	3:14.64	330	3:15.00			100%	
	, 2012 (12),								6
50m		11.	28.09	369	31.00			122%	
100m		10.	1:02.19	374	1:08.00			120%	
200m		6.	2:15.62	393	2:30.00			122%	
50m		6.	30.96	346	31.00			100%	
100m		4.	1:09.55	324	1:15.00			116%	
200m		1.	2:35.15	326	2:50.50			121%	
	, 2011 (13),								3
50m		3.	37.10	447	38.00			105%	
100m		3.	1:20.01	473	1:17.00			93%	
200m		2.	2:49.82	497	2:57.00			109%	
200m		13.	2:49.55	371	2:50.00			101%	
	, 2011 (13),								2
50m		15.	39.40	373	40.00			103%	
100m		16.	1:25.99	381	1:23.00			93%	
200m		11.	3:05.33	382	3:02.00			96%	
100m		27.	1:19.52	358	1:24.00			112%	
	, 2013 (11),								1
50m		31.	42.61	200	44.00			107%	
100m		26.	1:32.47	213	1:30.00			95%	
100m		74.	1:28.53	172	1:24.00			90%	
200m		29.	3:14.00	180	3:05.00			91%	
	, 2011 (13),								5
50m		15.	28.58	350	29.00			103%	
100m		8.	1:01.71	383	1:04.00			108%	
200m		7.	2:16.22	388	2:28.00			118%	
100m		10.	1:11.81	323	1:19.00			121%	
200m		2.	2:34.71	355	2:40.00			107%	
	, 2011 (13),								2
50m		1.	34.56	376	34.00			97%	
100m		1.	1:15.54	391	1:14.00			96%	
200m		1.	2:43.14	399	2:50.00			109%	
200m		3.	2:35.69	349	2:42.00			108%	
	, 2012 (12),								-
50m		6.	29.59	465	29.00			96%	
100m		8.	1:04.74	467	1:03.00			95%	
200m		5.	2:20.36	485	2:18.00			97%	
400m		EXH	4:56.85	473	4:56.00			99%	
100m		6.	1:13.35	457	1:11.00			94%	
200m		1.	2:35.18	484	2:32.00			96%	
400m		1.	5:30.87	479	5:24.00			96%	
	, 2012 (12),								2
50m		36.	32.81	341	38.00			134%	
100m		34.	1:12.86	328	1:15.00			106%	

"	" -							1
	, 2012 (12),							-
50m		49.	31.38	265	30.50		94%	
100m		44.	1:09.59	267	1:08.00		95%	
200m		39.	2:35.92	258	2:30.00		93%	
100m		31.	1:22.99	197	1:18.00		88%	
100m		50.	1:22.12	216	1:20.00		95%	
	, 2011 (13),							1
100m		27.	1:20.25	218	1:19.00		97%	
50m		15.	39.18	258	38.50		97%	
100m		9.	1:24.93	275	1:25.00		100%	
200m		14.	3:08.57	258	3:02.00		93%	
100m		39.	1:19.77	235	1:19.00		98%	
	, 2011 (13),							21
50m		36.	30.59	286	30.00		96%	4
100m		29.	1:07.53	292	1:10.00		107%	
200m		24.	2:29.58	293	2:40.00		114%	
800m			11:05.13	296	11:00.00		98%	
100m		10.	1:16.51	243	1:25.00		123%	
100m		19.	1:15.59	277	1:20.00		112%	
	, 2012 (12),							4
50m		34.	32.40	354	35.00		117%	
100m		31.	1:12.41	334	1:18.00		116%	
50m		23.	42.15	304	44.00		109%	
50m		14.	34.02	368	38.00		125%	
100m		14.	1:20.00	308	1:17.00		93%	
200m		11.	3:15.22	230	2:58.00		83%	
	, 2011 (13),							3
50m		10.	29.77	456	29.00		95%	
100m		7.	1:04.72	468	1:04.00		98%	
200m		9.	2:23.60	453	2:26.00		103%	
50m		7.	33.82	416	34.00		101%	
100m		9.	1:13.70	413	1:14.00		101%	
200m		10.	2:42.35	393	2:40.00		97%	
	, 2011 (13),							4
50m		17.	37.53	304	38.00		103%	
100m		15.	1:19.29	331	1:22.00		107%	
200m		15.	2:51.65	332	3:00.00		110%	
100m		35.	1:21.68	331	1:27.00		113%	
200m		23.	3:00.67	306	2:59.00		98%	
	, 2012 (12),							2
100m		39.	1:14.04	312	1:10.00		89%	
50m		24.	42.19	304	42.00		99%	
100m		24.	1:32.01	311	1:36.00		109%	
200m		26.	3:24.33	285	3:18.00		94%	
100m		42.	1:23.84	306	1:27.00		108%	
200m		22.	2:59.60	312	2:59.00		99%	
	, 2011 (13),							4
800m			10:09.20	385	11:06.00		120%	
50m		14.	35.55	240	34.00		91%	
100m		21.	1:18.04	237	1:20.00		105%	
200m		18.	2:48.66	245	2:55.00		108%	
100m		12.	1:20.46	209	1:25.00		112%	
200m		22.	2:56.78	238	2:50.00		92%	
	, 2011 (13),							10
50m		25.	29.90	306	31.00		107%	3
100m		24.	1:06.51	306	1:06.00		98%	
50m		24.	42.03	209	45.00		115%	
50m		23.	36.91	204	38.00		106%	
100m		42.	1:20.39	230	1:18.00		94%	
	, 2011 (13),							3
50m		7.	38.48	400	39.00		103%	
100m		10.	1:23.05	423	1:24.00		102%	
200m		10.	3:04.78	386	2:59.00		94%	
100m		19.	1:17.37	389	1:20.00		107%	
	, 2011 (13),							2
50m		28.	39.36	264	38.00		93%	
100m		24.	1:22.48	294	1:25.00		106%	
200m		20.	2:59.52	290	2:56.00		96%	
100m		46.	1:25.10	292	1:30.00		112%	
	, 2011 (13),							2
50m		31.	30.37	292	30.00		98%	
100m		30.	1:07.75	289	1:05.00		92%	
50m		14.	39.10	259	37.00		90%	

100m	13.	1:26.47	261	1:28.00	104%	
200m	23.	3:12.12	244	2:59.00	87%	
100m	29.	1:17.54	256	1:18.00	101%	
, , 2011 (13),						
50m	26.	31.64	380	30.70	94%	-
100m	18.	1:08.22	399	1:06.00	94%	
200m	14.	2:28.77	407	2:26.00	96%	
100m	34.	1:21.58	332	1:15.00	85%	
" "						
, , 2011 (13),						
100m	9.	1:04.77	466	1:05.00	101%	21
400m	5.	5:12.06	407	5:04.45	95%	5
50m	13.	39.28	376	41.00	109%	
100m	4.	1:12.76	468	1:14.00	103%	
200m	3.	2:38.78	452	2:51.00	116%	
400m	4.	5:44.10	426	6:00.00	109%	
, , 2011 (13),						
50m	81.	34.60	197	31.00	80%	-
100m	74.	1:15.96	205	1:12.00	90%	
200m	63.	2:44.99	218	2:41.00	95%	
50m	30.	39.25	178	35.00	80%	
100m	35.	1:24.93	184	1:19.00	87%	
200m	31.	3:00.42	200	2:57.00	96%	
, , 2011 (13),						
50m	13.	33.07	284	33.45	102%	6
100m	9.	1:14.12	267	1:15.00	102%	
200m	4.	2:44.88	272	2:45.00	100%	
100m	15.	1:13.89	296	1:14.00	100%	
200m	4.	2:36.17	345	2:41.00	106%	
400m	2.	5:32.04	353	5:46.00	109%	
, , 2013 (11),						
50m	27.	43.25	282	42.10	95%	4
100m	26.	1:32.98	301	1:33.00	100%	
200m	21.	3:16.20	322	3:15.00	99%	
100m	36.	1:22.01	327	1:24.00	105%	
200m	21.	2:59.50	312	3:00.00	101%	
400m	9.	6:33.08	285	6:34.00	100%	
, , 2011 (13),						
50m	9.	38.96	386	38.20	96%	3
100m	7.	1:22.37	433	1:24.85	106%	
200m	8.	2:59.38	422	3:01.00	102%	
50m	16.	34.46	354	32.85	91%	
100m	9.	1:18.41	327	1:16.80	96%	
100m	7.	1:13.45	455	1:14.00	102%	
, , 2013 (11),						
100m	48.	1:17.83	269	1:21.00	108%	3
100m	28.	1:26.69	253	1:28.50	104%	
200m	21.	3:02.90	275	3:15.00	114%	
200m	27.	3:14.72	245	3:05.00	90%	
-						
, , 2011 (13),						
50m	16.	39.95	358	40.00	100%	63
100m	20.	1:27.83	357	1:30.00	105%	2
200m	22.	3:18.70	310	3:16.00	97%	
100m	50.	1:29.19	254	1:27.00	95%	
, , 2012 (12),						
50m	35.	32.52	350	33.00	103%	1
100m	32.	1:12.47	333	1:10.80	95%	
200m	27.	2:44.19	303	2:38.75	93%	
, , 2013 (11),						
100m	84.	1:20.60	172	1:22.00	104%	3
400m	34.	6:19.89	174	6:18.00	99%	
50m	36.	42.67	139	40.00	88%	
100m	37.	1:29.67	156	1:35.00	112%	
100m	78.	1:33.33	147	1:38.00	110%	
, , 2012 (12),						
100m	78.	1:16.57	200	1:20.00	109%	1
800m			-	12:20.00	-	
50m	33.	41.65	142	35.00	71%	
, , 2013 (11),						
50m	84.	35.78	178	36.00	101%	4
100m	85.	1:20.95	169	1:35.00	138%	
50m	37.	46.91	150	48.00	105%	
100m	69.	1:26.86	182	1:38.00	127%	

	, 2013 (11),								3
50m		85.	36.26	171	36.00			99%	
100m		82.	1:18.01	189	1:20.00			105%	
200m		68.	2:50.55	197	2:40.00			88%	
400m		28.	5:59.06	206	6:00.00			101%	
100m		76.	1:30.78	159	1:36.00			112%	
	, 2011 (13),								1
50m		24.	31.27	394	30.50			95%	
100m		22.	1:09.23	382	1:10.00			102%	
200m		22.	2:35.55	356	2:25.00			87%	
100m		31.	1:20.11	351	1:17.00			92%	
	, 2013 (11),								1
100m		57.	1:40.64	124	1:40.00			99%	
50m		35.	52.94	108	45.00			72%	
100m		35.	1:48.01	192	1:53.00			109%	
	, 2013 (11),								3
50m		21.	30.93	407	36.00			135%	
50m		34.	47.77	209	46.00			93%	
100m		33.	1:41.00	235	1:48.00			114%	
200m		30.	3:38.08	234	3:25.00			88%	
100m		51.	1:29.52	251	1:35.00			113%	
	, 2013 (11),								-
50m		90.	37.42	156	35.00			87%	
100m		87.	1:24.10	151	1:20.00			90%	
	, 2013 (11),								6
50m		2.	36.07	330	38.90			116%	
100m		2.	1:18.71	346	1:25.00			117%	
200m		4.	2:51.82	342	3:03.00			113%	
50m		10.	31.75	321	32.50			105%	
100m		7.	1:11.83	294	1:15.00			109%	
200m		6.	2:46.52	264	2:50.00			104%	
	, 2012 (12),								2
50m		87.	36.69	165	35.00			91%	
100m		89.	1:27.38	135	1:19.00			82%	
200m		73.	3:20.45	121	3:00.00			81%	
50m		35.	45.20	168	48.00			113%	
100m		33.	1:43.01	154	1:50.00			114%	
200m		28.	3:39.72	163	3:15.00			79%	
	, 2013 (11),								2
50m		31.	39.29	178	36.00			84%	
100m		33.	1:24.66	186	1:30.00			113%	
200m		33.	3:03.72	190	3:20.00			119%	
100m		68.	1:26.17	187	1:16.00			78%	
	, 2011 (13),								1
50m		2.	35.47	511	36.00			103%	
100m		2.	1:17.29	525	1:16.00			97%	
200m		5.	2:54.47	458	2:46.00			91%	
	, 2013 (11),								6
50m		82.	35.18	188	36.00			105%	
100m		83.	1:18.95	183	1:35.00			145%	
400m		33.	6:07.63	192	6:20.00			107%	
50m		35.	42.32	142	43.00			103%	
100m		38.	1:32.58	142	1:40.00			117%	
100m		75.	1:30.03	164	1:39.00			121%	
	, 2011 (13),								4
50m		17.	28.79	343	29.50			105%	
100m		26.	1:07.17	297	1:09.00			106%	
200m		48.	2:37.77	249	2:50.00			116%	
100m		18.	1:15.51	277	1:20.00			112%	
	, 2013 (11),								4
200m		51.	2:38.38	246	2:36.00			97%	
400m		18.	5:31.08	263	5:13.00			89%	
50m		23.	42.01	209	42.16			101%	
100m		15.	1:26.96	256	1:32.27			113%	
200m		16.	3:09.11	256	3:10.00			101%	
100m		46.	1:21.33	222	1:24.00			107%	
	, 2011 (13),								3
50m		9.	38.43	273	39.00			103%	
100m		14.	1:26.75	258	1:24.00			94%	
200m		19.	3:10.43	251	3:25.00			116%	
100m		20.	1:15.94	273	1:17.00			103%	
	, 2011 (13),								4
50m		61.	32.26	244	34.00			111%	
100m		66.	1:13.91	223	1:15.00			103%	
50m		20.	36.11	229	38.00			111%	
100m		30.	1:21.87	205	1:27.00			113%	
200m		30.	2:58.79	206	2:40.00			80%	

						2
50m	87.	36.69	165	36.00	96%	
100m	81.	1:17.57	193	1:25.00	120%	
200m	70.	2:52.58	190	2:55.00	103%	
400m	29.	5:59.97	204	5:45.00	92%	
800m			-	12:00.00	-	
100m	34.	1:50.42	125	1:44.00	89%	
						1
50m	14.	39.33	375	39.00	98%	
100m	13.	1:25.55	387	1:23.00	94%	
200m	17.	3:13.64	335	3:08.00	94%	
100m	29.	1:20.01	352	1:25.00	113%	
						4
50m	21.	41.71	314	40.00	92%	
100m	17.	1:26.37	376	1:30.00	109%	
200m	14.	3:08.89	361	3:10.00	101%	
100m	30.	1:20.07	351	1:27.00	118%	
200m	17.	2:53.36	347	2:59.00	107%	
						5
50m	20.	29.20	329	29.50	102%	
100m	13.	1:04.05	343	1:07.00	109%	
200m	8.	2:18.35	370	2:22.00	105%	
50m	9.	34.41	265	34.50	101%	
100m	7.	1:14.13	277	1:15.00	102%	
200m	7.	2:37.93	299	2:36.00	98%	
						68
						-
50m	72.	33.16	224	31.00	87%	
100m	57.	1:12.16	239	1:08.50	90%	
200m	50.	2:38.37	247	2:33.00	93%	
100m	21.	1:29.51	235	1:29.00	99%	
200m	25.	3:13.42	239	3:09.00	95%	
100m	57.	1:22.75	211	1:14.50	81%	
						5
50m	58.	31.97	250	33.00	107%	
50m	10.	38.49	272	39.00	103%	
100m	10.	1:24.96	275	1:29.00	110%	
100m	31.	1:18.20	250	1:21.00	107%	
200m	12.	2:49.09	272	2:49.00	100%	
400m	6.	6:16.53	242	6:27.00	106%	
						3
50m	19.	29.14	331	29.70	104%	
100m	16.	1:05.26	324	1:08.00	109%	
200m	16.	2:25.64	317	2:29.00	105%	
50m	17.	35.75	236	35.60	99%	
100m	20.	1:17.67	240	1:16.00	96%	
200m	20.	2:48.70	245	2:44.70	95%	
						2
50m	52.	40.22	185	40.00	99%	
100m	56.	1:30.45	171	1:29.00	97%	
50m	32.	43.53	195	43.00	98%	
100m	31.	1:33.45	202	1:31.00	95%	
200m	23.	3:14.94	227	3:17.00	102%	
100m	58.	1:35.73	205	1:40.00	109%	
						4
50m	70.	33.00	227	35.00	112%	
100m	72.	1:15.20	212	1:19.00	110%	
200m	61.	2:43.19	225	2:57.00	118%	
50m	26.	37.82	199	39.50	109%	
100m	32.	1:24.32	188	1:21.00	92%	
200m	32.	3:01.67	196	3:00.00	98%	
						4
100m	36.	1:28.03	165	1:30.00	105%	
50m	24.	37.78	190	40.00	112%	
100m	15.	1:23.91	184	1:35.00	128%	
200m	8.	3:10.19	177	3:20.00	111%	
						5
50m	14.	30.66	418	30.67	100%	
400m	2.	5:00.44	456	5:00.00	100%	
800m	2.	10:22.80	450	10:45.00	107%	
1500m	1.	19:49.83	444	20:25.00	106%	
100m	19.	1:27.14	366	1:29.00	104%	
100m	15.	1:15.48	419	1:19.00	110%	
						6
50m	52.	31.57	260	33.00	109%	
100m	55.	1:11.41	247	1:14.00	107%	
200m	34.	2:34.15	267	2:38.00	105%	
50m	29.	38.03	196	39.00	105%	

200m	29.	2:53.93	223	3:00.00	107%	
200m	17.	2:51.87	259	3:00.00	110%	
, 2013 (11),						
50m	46.	31.06	273	29.50	90%	4
100m	33.	1:08.26	283	1:10.00	105%	
400m	9.	5:15.72	303	5:40.00	116%	
800m		10:58.20	305	11:18.00	106%	
1500m	5.	20:40.68	318	21:40.00	110%	
100m	32.	1:18.36	248	1:16.00	94%	
, 2013 (11),						
400m	7.	5:12.40	313	5:20.00	105%	5
800m			-	11:30.00	-	
1500m	7.	20:52.79	308	21:20.00	104%	
50m	15.	35.68	237	37.00	108%	
100m	14.	1:16.40	253	1:17.00	102%	
200m	10.	2:42.90	272	2:47.00	105%	
, 2013 (11),						
50m	26.	42.08	208	41.00	95%	4
100m	17.	1:27.30	253	1:32.00	111%	
50m	28.	39.14	171	39.50	102%	
100m	56.	1:22.70	211	1:26.00	108%	
200m	21.	2:54.99	245	2:57.00	102%	
, 2013 (11),						
50m	34.	39.63	173	38.00	92%	2
100m	34.	1:24.77	185	1:24.00	98%	
50m	30.	42.50	202	43.00	102%	
100m	20.	1:28.42	244	1:30.00	104%	
200m	18.	3:10.24	251	3:07.00	97%	
100m	62.	1:24.44	198	1:21.00	92%	
, 1800 (99),						
100m	EXH	1:04.60	613	NT	-	-
, 2013 (11),						
50m	73.	33.34	221	34.60	108%	3
100m	76.	1:16.13	204	1:15.45	98%	
200m	55.	2:39.46	241	2:46.06	108%	
50m	26.	37.87	189	35.32	87%	
100m	72.	1:27.29	179	1:23.84	92%	
200m	26.	3:02.08	218	3:03.53	102%	
, 2013 (11),						
50m	53.	41.30	171	39.00	89%	2
100m	55.	1:29.84	174	1:34.00	109%	
200m	33.	3:08.45	200	3:15.00	107%	
50m	34.	48.54	140	43.00	78%	
100m	34.	1:41.52	158	1:37.00	91%	
, 2013 (11),						
50m	75.	33.83	211	35.00	107%	5
100m	70.	1:14.61	217	1:17.60	108%	
50m	34.	44.11	180	42.00	91%	
100m	27.	1:32.51	213	1:35.00	105%	
200m	26.	3:14.49	235	3:15.00	101%	
100m	58.	1:22.76	211	1:27.80	113%	
, 2013 (11),						
50m	32.	32.30	357	33.61	108%	6
100m	33.	1:12.53	332	1:16.00	110%	
200m	23.	2:39.35	331	2:47.00	110%	
50m	16.	36.73	324	37.00	101%	
100m	14.	1:17.38	356	1:24.21	118%	
200m	12.	2:44.94	374	2:49.11	105%	
, 2013 (11),						
50m	89.	37.07	160	38.00	105%	4
50m	28.	42.39	203	43.00	103%	
100m	23.	1:31.16	222	1:38.00	116%	
200m	22.	3:11.48	247	3:18.00	107%	
, 2013 (11),						
200m	32.	2:32.22	278	2:45.00	117%	4
50m	18.	39.92	244	39.00	95%	
100m	12.	1:26.05	265	1:29.00	107%	
200m	13.	3:05.89	270	3:08.00	102%	
50m	25.	37.81	190	36.00	91%	
200m	20.	2:54.61	247	2:59.00	105%	
, 2012 (12),						
50m	68.	32.97	228	33.00	100%	22
100m	63.	1:12.85	233	1:12.50	99%	2
800m			-	11:30.00	-	
50m	22.	36.87	205	36.00	95%	
100m	63.	1:24.78	196	1:24.00	98%	
200m	23.	2:58.66	231	3:04.00	106%	

									5
50m	8.	27.89	377	28.90				107%	
100m	5.	1:00.43	408	1:02.00				105%	
200m	3.	2:11.05	435	2:16.00				108%	
400m	8.	5:14.86	306	4:48.00				84%	
800m		9:38.92	449	10:05.00				109%	
1500m	1.	18:53.86	416	19:40.00				108%	
									5
50m	5.	38.26	407	38.50				101%	
100m	4.	1:21.12	454	1:22.50				103%	
200m	3.	2:53.30	468	2:54.00				101%	
100m	21.	1:18.02	379	1:23.00				113%	
200m	11.	2:45.53	398	2:51.50				107%	
									3
50m	7.	37.38	297	38.00				103%	
100m	13.	1:13.63	299	1:16.00				107%	
200m	5.	2:39.79	322	2:44.00				105%	
									-
50m	33.	46.68	224	45.00				93%	
100m	34.	1:43.63	217	1:40.00				93%	
200m	31.	3:44.69	214	3:38.00				94%	
									5
50m	40.	30.77	281	31.00				102%	
100m	19.	1:05.73	317	1:06.00				101%	
800m		10:19.11	367	10:30.00				104%	
50m	5.	32.53	313	33.50				106%	
100m	4.	1:10.86	317	1:12.00				103%	
200m	4.	2:33.15	328	2:32.00				99%	
									2
50m	42.	33.57	318	33.00				97%	
100m	43.	1:16.37	284	1:15.00				96%	
100m	44.	1:24.92	294	1:30.00				112%	
200m	26.	3:07.36	275	3:13.00				106%	
" "									19
									3
50m	41.	30.93	276	31.00				100%	
100m	31.	1:07.96	287	1:08.00				100%	
200m	29.	2:31.36	282	2:26.00				93%	
50m	17.	34.13	258	34.00				99%	
100m	13.	1:23.11	190	1:20.00				93%	
200m	7.	3:06.75	187	3:18.00				112%	
									2
50m	33.	39.49	175	36.00				83%	
100m	25.	1:19.90	221	1:20.00				100%	
200m	23.	2:50.64	237	2:50.00				99%	
50m	19.	35.90	222	35.00				95%	
100m	16.	1:23.94	184	1:22.00				95%	
200m	9.	3:13.52	168	3:18.00				105%	
									5
50m	1.	31.68	506	34.00				115%	
100m	3.	1:09.10	501	1:13.00				112%	
200m	3.	2:34.64	455	2:42.00				110%	
50m	11.	32.74	412	35.00				114%	
100m	13.	1:19.65	312	1:18.00				96%	
200m	7.	3:02.42	281	3:08.00				106%	
									4
50m	27.	30.11	300	30.00				99%	
100m	25.	1:06.52	306	1:05.00				95%	
200m	18.	2:27.15	307	2:31.00				105%	
50m	16.	35.74	236	36.00				101%	
100m	17.	1:16.93	247	1:21.00				111%	
200m	22.	2:49.42	242	2:52.00				103%	
									5
50m	43.	30.99	275	32.00				107%	
100m	47.	1:09.95	263	1:16.00				118%	
200m	30.	2:31.43	282	2:40.00				112%	
50m	21.	36.49	222	36.00				97%	
100m	18.	1:17.18	245	1:21.00				110%	
200m	16.	2:47.41	251	2:52.00				106%	
" "									7
									1
50m	20.	37.69	300	38.00				102%	
100m	26.	1:23.09	288	1:22.00				97%	
100m	57.	1:33.60	220	1:25.00				82%	

	, , 2011 (13),							4
50m		18.	30.89	409	31.00		101%	
100m		15.	1:07.65	409	1:08.00		101%	
50m		11.	34.29	399	36.00		110%	
100m		13.	1:15.83	379	1:20.00		111%	
50m		20.	35.83	315	34.00		90%	
100m		24.	1:18.75	369	1:18.00		98%	
	, , 2011 (13),							1
100m		51.	1:22.15	215	1:22.00		100%	
400m		4.	6:10.54	254	6:40.00		117%	
	, , 2011 (13),							1
50m		48.	35.13	278	35.00		99%	
100m		51.	1:19.25	254	1:18.00		97%	
50m		29.	44.08	266	41.00		87%	
100m		25.	1:32.35	307	1:34.00		104%	
	, , 2012 (12),							7
50m		12.	39.19	379	39.16		100%	
100m		8.	1:22.85	426	1:26.00		108%	
200m		7.	2:56.61	442	3:02.11		106%	
50m		15.	34.43	355	34.97		103%	
100m		15.	1:21.22	294	1:26.00		112%	
200m		9.	3:09.50	251	3:05.92		96%	
	, , 2012 (12),							3
50m		24.	36.82	216	37.00		101%	
100m		22.	1:18.53	233	1:21.15		107%	
200m		13.	2:45.07	262	2:49.00		105%	
"	"							3
	, , 2012 (12),							2
50m		15.	30.68	417	30.00		96%	
100m		16.	1:07.66	409	1:09.70		106%	
50m		18.	37.58	303	37.20		98%	
50m		22.	36.08	308	35.40		96%	
100m		18.	1:16.95	396	1:19.00		105%	
200m		15.	2:50.76	363	2:46.00		95%	
	, , 2011 (13),							1
50m		43.	33.96	307	32.00		89%	
100m		42.	1:15.54	294	1:15.00		99%	
50m		30.	40.74	238	39.70		95%	
50m		28.	41.14	208	36.00		77%	
100m		47.	1:27.02	273	1:29.00		105%	