

16.	200+400 -			14-15							
	, 14 - 15										
1.	200	2:26.82	633	400	5:10.20	629	09	"	"	1262	2
2.	400	5:25.59	544	200	2:34.93	539	09			1083	2
3.	200	2:36.25	525	400	5:42.97	465	09	"	"	990	2
4.	200	2:41.95	472	400	5:41.63	471	10	-		943	2
5.	200	2:44.55	450	400	5:48.73	443	09	"	"	893	2
6.	200	2:44.13	453	400	6:00.19	402	09	-	1	855	2
7.	200	2:47.82	424	400	6:00.45	401	10			825	2
8.	200	2:46.96	431	400	6:02.97	393	09	"	"	824	2
9.	200	2:47.67	425	400	6:02.16	395	10	"	"	820	2
10.	200	2:47.52	426	400	6:13.90	359	10			785	2
11.	200	2:58.39	353	400	6:22.15	336	09		- 2	689	2
12.	200	2:59.62	346	400	6:31.44	313	10	"	"	659	2
13.	200	3:00.92	338	400	6:37.94	298	10	"	"	636	2
14.	400	6:46.86	279	200	3:13.80	275	10	"	"	554	2
15.	400	5:25.40	545	200	-	-	09	-	1	545	2
16.	200	2:40.01	489	400	-	-	09	"	"	489	2
17.	400	6:40.46	292	200	-	-	10	"	"	292	2
18.	200	2:41.07	480				09			480	1
19.	200	2:42.72	465				09	-	1	465	1
20.	200	2:46.30	436				09	"	"	436	1
	200	2:46.27	436				10	"	"	436	1
22.	200	2:51.54	397				10	"	"	397	1
23.							10	"	"	388	1

	200	2:52.80	388						
24.	200	2:53.56	383	10	"	"	"		<b>383</b> 1
	200	2:53.56	383	09	"	"	"		<b>383</b> 1
26.	200	2:55.07	373	10	"	"	"		<b>373</b> 1
27.	200	2:57.02	361	10	"	"	"		<b>361</b> 1
28.	200	2:57.90	356	10	"	"	"		<b>356</b> 1
29.	200	2:59.28	348	09	"	"	"		<b>348</b> 1
	200	2:59.25	348	09	"	"	"		<b>348</b> 1
	200	2:59.30	348	10	"	"	"		<b>348</b> 1
32.	200	3:01.85	333	10	"	"	"		<b>333</b> 1
33.	200	3:02.13	332	09	"	"	"		<b>332</b> 1
34.	200	3:05.54	314	09	"	"	"		<b>314</b> 1
35.	200	3:09.80	293	10	"	"	"		<b>293</b> 1